

What is IIBHT?

IIBHT stands for Intensive In-home Behavioral Health Treatment. It is a new level of care offered to youth (0-21 years of age) and their families enrolled in the Oregon Health Plan. IIBHT offers 4-6 hours of intensive, in-home services per week to youth and families who need more support and services than provided in traditional outpatient programs. An array of supports and services are available to support the youth and family's needs. The purpose of IIBHT is to help reduce the number of out-of-home placements for young people, including residential treatment and inpatient hospitalizations.

What to Expect

IIBHT prioritizes the shared goals of the youth and their family, communicates clear roles and expectations of the team members, emphasizes mutual trust and effective communication, and utilizes measurable processes and outcomes to highlight successes. This level of care is designed to be short-term (2 to 6 months). Participation is voluntary and demands a significant commitment of time and effort on the part of the youth and family to be successful.



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IIBHT

Intensive In-Home Behavioral
Health Treatment

An intensive in-home program for youth ages 0-21, designed to help families whose youth have complex mental health needs.

(503) 325-5722

Clatsop Behavioral Healthcare

Services Available

- Psychiatric services and medication management
- Individual and family therapy from a qualified mental health professional
- Peer-delivered services provided by a certified family partner and a certified youth partner
- Skills training with a qualified mental health associate or professional
- Care coordination and case management provided by a qualified mental health professional or associate
- Proactive crisis support and response
- Monthly team meetings to review progress and adjust services as needed
- Transition planning to ensure that the families have a strong plan for recovery and safety after IIBHT ends

Who is eligible?

- At least two significant mental health diagnoses
- Youth removed from the home or at immediate risk of removal from home due to safety
- Struggles in remaining safe at home, school, and in their neighborhood
- Transitioning home after being in a psychiatric residential treatment program or psychiatric hospital
- Youth can have “co-occurring” issues such as substance use or developmental disability

How do youth enroll?

The first step to enrollment is to talk to a mental health professional at Clatsop Behavioral Healthcare (CBH). New clients will meet with a mental health professional who will conduct an assessment to determine if the youth meets the eligibility requirements. Current clients may speak to their clinician about a referral to IIBHT services.

Youth that meets eligibility requirements for IIBHT services will be referred to the Intensive Community-Based Services team. Youth who do not meet eligibility requirements will be referred to the appropriate level of care and assigned a therapist.



Youth may be enrolled in other CBH services before, during, or after enrollment in IIBHT. Other CBH services may include Wraparound, medication management, Intensive Community-Based Services, outpatient or school-based services, day treatment programs, substance use treatment, and services offered through the Intellectual and Developmental Disability program.

Enrollment in these services does not limit or restrict IIBHT services. Access to IIBHT services is not dependent on being enrolled or participating in these or any other CBH services.

For enrollment, or further information, please call
(503) 325-5722.

