




Everything we do at North Coast Crisis Respite Center (NCCRC) is done as a team. Clients are the Most Important person on that team. The staff like to think of themselves as personal trainers, taking the client's lead in setting goals to get into mental shape. To accomplish this, NCCRC provides mental health, medication management, and peer support services.

The staff at NCCRC are mental health professionals, social workers, nurses, doctors, counselors, recovery specialists, and consumers. They listen to what is important to the client and demonstrate that by helping to define and maintain a comprehensive plan that assists the client in achieving their goals.

Clients play the leading role in their recovery program. They are asked to dream, ask questions, monitor their progress, and engage in active problem-solving. When things don't go as planned, the staff and client work together to find a solution.



-  (503) 325-5722
-  nccrcferral@clatsopbh.org
-  www.clatsopbh.org



What is a Respite Participant?

NCCRC Crisis Respite is a short-term (up to 30 days) program for individuals over 18 with a documented mental health diagnosis who do not need a hospital level of care. Eligibility criteria established by Oregon Health Authority include:

- The participant's symptoms necessitate increased behavioral and/or medical interventions and stabilization.
- The residential provider/caregiver has documented a need for relief and support in meeting the participant's immediate treatment and safety needs.
- Additional safety precautions are unnecessary to ensure the health and wellbeing of the person or others living in the home.
- Individuals must have Oregon Health Plan, Oregon Medicaid, or be eligible for Choice funding.

What is a Residential Participant?

NCCRC Residential Program is a long-term (more than 30 days) program for individuals over 18 with a documented mental health diagnosis who do not need a hospital level of care.

Eligibility criteria established by Oregon Health Authority include:

- Symptoms necessitate increased/decreased behavioral and/or medication changes and stabilization.
- The residential provider has documented a need for support in meeting the immediate treatment and safety needs.
- Additional safety precautions are not necessary to ensure health and well-being in the home.
- The individual must have Oregon Health Plan, Oregon Medicaid, or be eligible for Choice funding.

Services Offered

- **Skills Training**
- **Symptom Education and Relief**
- **Money Mgmt. Education**
- **Values Clarification (finding what makes you happy, what you need, and what you want in your life")**
- **Pre-Vocational Training**
- **Assistance in Dealing with Issues around Substance Use**
- **Strengthening Family Relationships**
- **Development of New Friendships and Social Activities**
- **Maintaining your Physical Health and Wellbeing**
- **Case Management**
- **Therapy**

Respite and Residential services are by referral only.

To refer a client for respite or residential services at NCCRC, please submit a completed referral packet via fax to (503) 861-5649 or via email to nccrcreferrals@clatsopbh.org. For admission questions, contact a Program Administrator at (503) 741-5402.